

## Strawberry Yogurt Popsicles

### Ingredients

- 10 ounce strawberries ( 2 cups)
- 4 tbl. maple syrup
- 3/4 tsp lemon juice
- 1 cup Greek yogurt
- 1/2 tsp vanilla extract



### Instructions

1. To a food process add strawberries
2. Add 3 tbl. maple syrup, lemon juice and mix till you get a smooth puree
3. In a bowl, whisk together geek yogurt with 1 tbl. maple syrup and vanilla extract
4. Fill each popsicle mold with 2-3 tsp of the strawberry puree.
4. Then place 1-2 tbl of the Greek yogurt mixture on top. And finally again add few tsp the strawberry puree till your mold is full
5. Place the popsicle mold in the freezer for 2 hours.