

Roasted Cauliflower Dressed Up

3 cups cooked and cooled spinach, finely chopped

3 cups of bread crumbs

1 cup grated parmesan

4 eggs lightly beaten

1/2 cup butter, softened

Italian parsley

salt and pepper



Directions

1. 1 head of cauliflower cut into small florets
2. 1/3 cup olive oil
3. Salt & pepper to taste
4. 1 shallot, cut crosswise into thin rings
5. 1 tbsp. white wine
6. 1 tbsp. capers, rinsed and roughly chopped
7. Grated zest of 1 lemon
8. Handful of flat leaf parsley roughly chopped