

## Pineapple and Mango Salsa

### Ingredients

- 1/2 pineapple
- 1 mango
- 2 tbsp mint
- 1 lime
- 1-2 tsp green onion
- 1 large tomato
- 1 tsp salt



### Directions

Slice the pineapple, then peel the slices and remove the cores. Dice the flesh and place in a non-metallic bowl with any juice. Slice the mango lengthwise on either side of the flat central seed. Peel the mangos pieces and dice the flesh. Slice and peel any remaining flesh around the seed and then dice. Add to the pineapple with any juice. Add the chopped mint, lime juice, and tomato. Season with salt and stir well to combine. Let sit 30 minutes and serve.